

MAKE IT YOUR HABIT!



Dates:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

David Firmage, DMD
"Dr. Dave"

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- Fill in the dates on your calendar.
- Brush your teeth for two minutes, morning and evening, to keep your smile bright and healthy.
- Color a box each time you brush.
- When you have completed two weeks of brushing, morning and evening, bring this form to our office to receive a prize.